

101 | Paratha

3311 Regent Blvd #121, Irving, TX 75063

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101Paratha.com

Make it a
TANDOORI
Paratha!

Choose Tandoor cooked Paratha
for no extra charge

Dine-In
Take-Out
Delivery

Delivery Partners

Uber Eats

DOORDASH

GRUBHUB

Make it a
EGGALICIOUS
Paratha!

Add EGG to your Paratha +\$2

VEGETARIAN

(Includes One Side, Raita, Pickle & Butter)

1. TWISTED PARATHA - LACCHA PARATHA Layered, flaky flatbread typically made with wheat flour	\$9.99
2. NANI KA NUSKA - AJWAIN PARATHA Flaky flatbread stuffed with carom seeds	\$9.99
3. HARA BHARA - PUDINA PARATHA Layered flatbread stuffed with mint & coriander leaves	\$9.99
4. CRY BABY - PYAZ & MINT PARATHA Flatbread stuffed with onions, mint & Indian spices	\$9.99
5. KUCH TEEKHA KUCH KHATTA - ACHARI PARATHA Flatbread stuffed with spiced-pickled vegetables	\$10.49
6. JUST POTATO - ALOO PARATHA Flatbread stuffed with potatoes, ginger, cumin & green chilies	\$12.49
7. BHARWAN ALOO DAHI POCKET PARATHA Flatbread stuffed with marinated potatoes, yogurt, green chilies, cilantro & dried mango	\$13.49
8. MAST MIX - ALOO MATAR PARATHA Flatbread stuffed with spiced mashed potatoes & green peas	\$13.49
9. MERI TERI KHOOB NIBHEY GI - ALOO METHI PARATHA Flatbread filled with mashed potatoes & fenugreek leaves	\$13.49
10. HUM DONO - ALOO PANEER Flatbread filled with cottage cheese, potatoes, green chilies & cilantro	\$14.49
11. CHATPATA ACHARI ALOO PARATHA Flatbread stuffed with tangy potato & pickled vegetables	\$14.49
12. MOGAMBO KHUSH HUA - ALOO PYAAZ TAMATAR PARATHA A popular combination of potatoes, onions and tomatoes, stuffed flatbread	\$13.49
13. GOLUM GOL - ALOO MUSHROOM SPROUTS PARATHA Flatbread filled with potatoes, gram sprouts & sautéed mushrooms	\$14.49
14. SWAAD KA ASLI RAAZ - ALOO GAJAR MATTAR PYAAZ PARATHA Flatbread stuffed with potatoes, carrots, peas, onions, cumin & cilantro leaves	\$14.49
15. CHENNAI KA DON - MASALA DOSA PARATHA Flatbread stuffed with South Indian flavored masala potatoes, onions, chilies & curry leaves	\$13.49
16. CHAK DE PUNJAB - AMRITSAR ALOO PARATHA Flatbread stuffed with potatoes, dry mango powder, cilantro, garam masala & ground Indian spices	\$13.49
17. ALOO BIKANERI - ALOO BHUJIYA PYAZ PARATHA Flatbread stuffed with chopped potatoes, onions, tomatoes & Indian spices	\$13.49
18. PHOOLAN KI BAHAR - GOBHI PARATHA Flatbread stuffed with grated cauliflower, cilantro, green chili & Indian spices	\$13.49
19. KUCH KHAAS -GOBHI PANEER PARATHA Flatbread stuffed with cauliflower, cottage cheese, cumin & chili powder	\$14.49
20. GOLMAL HAI BHAI SAB GOLMAL - GOBHI MATTAR CORN CHEESE PARATHA Flatbread stuffed with cauliflower, green peas, corn kernels, cream cheese & Indian spices	\$15.49
21. MAUSAM E BHAAR - GOBHI MUSHROOM PANEER PARATHA Flatbread stuffed with mushrooms, cauliflower, grated cottage cheese, cumin & cilantro	\$15.49
22. PATTE PE PATTI - PATTI-GOBHI PARATHA Flatbread stuffed with grated cabbage, cilantro, red chili & dry mango powder	\$13.49
23. HARYALI AUR RASTA - PAATA GOBHI MUTTER PARATHA Flatbread stuffed with cabbage, mashed green peas & grounded spices	\$14.49
24. SOONGETE RAH JAAO GE - MOOLI PARATHA Flatbread stuffed with grated white radish & seasoned with spices	\$13.49
25. KHUSHBOO JO SAATH NIBHAYE - MOOLI PANEER PARATHA Flatbread stuffed with grated white radish & cottage cheese	\$14.49
26. JIYA JALE JAAN JALE - HARI MIRCH PYAZ PARATHA Flatbread filled with sautéed green chilies, onion and nigella seeds	\$12.49
27. TU CHEESE BADI HAI MAST MAST - HARI MIRCH CHEESE PARATHA Flatbread stuffed with chopped green chilies, cream cheese & cumin	\$13.49
28. NAI DULHAN - PANEER BHURJI PARANTHA Flatbread stuffed with grated cottage cheese, onions, tomatoes, cilantro & ground spices	\$13.49
29. MAKHAN MAR KE - PANEER MAKHANI PARATHA Flatbread stuffed with grated cottage cheese, butter sauce & spices	\$13.49
30. WAH KYA CHEESE HAI - PANEER PYAAZ SHIMLA MIRCH PARATHA Flatbread stuffed with cottage cheese, onions, and bell peppers	\$14.49
31. EK DUM JHAKAS - PANNER TIKKA HARI MIRCH PARATHA Flatbread stuffed with cottage cheese, green chilies, and Indian spices	\$14.49
32. HAWA HAWAII - CREAM CHEESE CORN PINEAPPLE PARATHA Flatbread stuffed with cream cheese, corn, cilantro & pineapple	\$15.49
33. SHAM SAVERA - PANEER PALAK PARATHA Flatbread stuffed with cottage cheese, chopped spinach, cumin powder& Indian spices	\$14.49
34. PUNDIT BIHARI KHAYE - PANEER ACHARI PARATHA Flatbread stuffed with spiced pickled vegetables & cottage cheese	\$14.49
35. DESI GONE TO ITALY - CHILI PANEER PIZZA STYLE PARATHA Flatbread stuffed with cottage cheese, onions green chilies & soy sauce	\$15.49
36. FORGET ME NOT - PANEER ALOO GOBHI MOOLI PYAAZ PARATHA Flatbread stuffed with cheese, spiced potatoes, cauliflower, radish, chopped onions & spices	\$15.49
37. CHANNA VE MEREYA - CHANA DAL PARATHA Flatbread stuffed with yellow lentils, green chilies & cilantro	\$14.49
38. TRIPLE M - METHI MALAI MATTAR PARTHA Flatbread stuffed with fenugreek leaves, cream & green peas spiced with chilies	\$14.49
39. HALO RE HALO - JALAPENO CHEESE PARATHA Flatbread stuffed with minced jalapeno , sour cream & Indian spices	\$14.49
40. RAWALPINDI KI SAIR - PINDI CHANA PARATHA Flatbread stuffed with white chickpeas & Indian spices with a tangy flavor	\$14.49
41. JAMMU KA NAZRANA - RAJMA PARATHA Flatbread stuffed with kidney beans, onions, mango powder and spices	\$14.49
42. NAKLI KUKKAR SHAKAHARI - SOYA BEAN NUTRI PARATHA Flatbread stuffed with soya nutrela, green chilies, onions & spices	\$15.49
43. LAAL LAAL GAAL - CHUKANDAR PARATHA Flatbread stuffed with grated beetroot, cilantro & green chilies	\$13.49
44. CHAL AKELA CHAL AKELA - LILWA TOOR PARATHA Flatbread stuffed with green gram lentils, onions, cilantro & green chili	\$14.49
45. SALAME BAINGAN - BAINGAN BHARTHA PARATHA Flatbread stuffed with oven-roasted eggplant, cilantro & green chilies	\$14.49
46. KABUL KI SHAAN - KABULI CHANA HARA PYAAZ PARATHA Flatbread stuffed with chickpeas, spring onions, green chili & mango powder	\$14.49
47. MILLI JULI SAAZISH - MIX VEG PARATHA Flatbread stuffed with sautéed & pickled vegetables	\$14.49
48. BEGUM KI PASAND - MYSORE ALOO PARATHA Flatbread stuffed with lentil, potato, curry leaves red chilies mustard seed & garlic	\$13.49
49. HEALTH IS WEALTH - BROCCOLI PARATHA Flatbread stuffed with blanched broccoli, onions & green chili	\$13.49
50. HARYALI AUR RASTA - BROCCOLI,CHEESE, PYAZ PARATHA Flatbread stuffed with chopped broccoli, sour cream & onions	\$14.49
51. DIL DAHI DHAI - DAHI KEBAB POCKET PARATHA Flatbread filled with yogurt, onions, cilantro, chili & spices	\$14.49
52. EVERGREEN - METHI HARI MIRCH PARATHA Flatbread stuffed with chopped fenugreek leaves, green chili, mango powder & spices	\$13.49
53. LAHASUNI PARANTHA - PALAK HARA LAHASUN PARATHA Flatbread stuffed with garlic, spinach, green chilies & spices	\$13.49

SIDES

Portion Size 8oz

DAAL MAKHANI A mix of lentils, red kidney beans, onion, garlic and cream	\$6.99
AMRITSARI PINDI CHOLE Chickpeas boiled with tea and fused with aromatic spices and fragrant homemade chole masala	\$6.99
PALAK PANEER A popular Indian entrée that combines fresh spinach, cottage cheese, cream and garlic	\$7.99
DHABA CHICKEN Punjabi style chicken curry made with whole spices and a classic base of onions and tomatoes	\$8.99
NON-VEGETARIAN (Includes One Side, Raita, Pickle & Butter)	
54. JUST EGG - UBLA ANDA PARATHA Flatbread Stuffed with a boiled egg mixture and Indian spices	\$12.49
55. ANDE KA FUNDA - ANDA OMELET PARATHA Flatbread stuffed with boiled eggs, onions, tomatoes, green chili, and cilantro	\$12.49
56. ANDA BOLEIN OYE OYE - ANDA BHURJI PARATHA Flatbread stuffed with scrambled egg, cumin seeds, onions, tomatoes, green chilies, cilantro & spices	\$12.49
57. ANARKALI PARANTHA - ANDA -TURKEY KEEMA PARATHA Flatbread fried with egg white and stuffed with spiced ground turkey	\$13.49
58. SHAUKEEN PARANTHA - ANDA KUKKAD KEEMA PARATHA Flatbread topped with egg and stuffed with minced chicken, cilantro & spices	\$14.49
59. NAWABI NAKHRA - ANDA BAKRA KEEMA PARATHA Flatbread topped with egg; stuffed with minced lamb and Indian spices	\$16.49
60. JASHNE BAHARAN - ACHARI KUKAD PARATHA Flatbread stuffed with spiced chicken, cilantro & lemon	\$14.49
61. KUKKAD PUNJABI -- MURG KEEMA PARATHA Flatbread stuffed with minced chicken, cooked with ground Indian spices & cilantro	\$14.49
62. CHICKEN SHIKAN AUR MATAR - MURG KEEMA MATTAR PARATHA Flatbread stuffed with minced chicken, and peas cooked with ground Indian spices	\$15.49
63. MAKHANI KUKKAD -MURG MAKHAN MAR KE PARATHA Flatbread stuffed with butter chicken, onion & cilantro. Definitely a favorite	\$14.49
64. GAZAB KA TIKKA - MURGH TIKKA GREEN PEPPER PARATHA Flatbread stuffed with marinated chicken & green bell peppers	\$14.49
65. CREAMY DELIGHT - MALAI MURG PARATHA Flatbread stuffed with spiced marinated chicken & cream	\$14.49
66. KUKKAD - E - HARIYALI - MURG SPINACH CHEESE PARATHA Flatbread stuffed with minced chicken and creamy spinach	\$15.49
67. SAR JO TERA CHAKRAYE - MURG TOSSED WITH HOUSE SHARAB PARATHA Flatbread stuffed with chicken pieces tossed in cooking alcohol & spices	\$16.49
68. MURG WITH MISS METHI - METHI MURG PARATHA Flatbread filled with chicken, fenugreek leaves, onions & chilies	\$14.49
69. MURG KE SAATH KHAAS PYAAZ - MURG DO PYAZA PARATHA Flatbread stuffed with chicken, variety of onions and Indian spices	\$14.49
70. BADAME MURGH - ALMOND CHICKEN PARATHA Flatbread stuffed with chicken, almonds, and spices	\$15.49
71. YEH PARANTHA MUJHE DE DE THAKUR- HARYALI MURG KEBAB PARATHA Flatbread filled with chicken marinated in yogurt, mint & cilantro	\$15.49
72. HANSTE HANSTE LAG GAYE RASTE - CHILI MURG PARATHA Flatbread filled with an Indo-chinese flavored chicken , tossed with soy sauce & chilies	\$14.49
73. MURG IN SHIMLA - SHIMLA MIRCH CHICKEN PARATHA Flatbread stuffed with chicken, bell peppers & spices	\$14.49
74. LAILA MAJNU - MUGHLAI MURG PARATHA Flatbread filled with saffron spiced chicken, cashew, dry fruits & spices	\$15.49
75. MAKAI KI BAHAR - SWEET CORN CHEESE PYAZ MURG PARATHA Flatbread stuffed with chicken, corn kernels, cheese cream, cilantro & spices	\$15.49
76. BHATTI DA MURGH - TANDOORI MURGH PARATHA Flatbread filled with marinated chicken, cooked in a clay oven, yogurt & Indian spices	\$14.49
77. CHANDNI CHOWK TO CHINA - SCHEZUWAN MURGH PARATHA Flatbread stuffed with chicken, red chilis, shallots & garlic cloves	\$15.49
78. TAKA TAK SPECIAL - LAMB KEEMA PARATHA Flatbread stuffed with minced lamb cooked with ground Indian spices & cilantro	\$16.49
79. PREETAM AAN MILO - LAMB KEEMA GREEN PEAS CREAMY CHEESE PARATHA Flatbread stuffed with minced lamb, green peas, cream cheese & cilantro	\$16.49
80. JAL KI RANI - FISH TIKKA PARATHA Flatbread stuffed with fish marinated in yogurt, spices, green chilies, dry mango & cilantro	\$16.49
81. BADE BHAIYA KI PASAND - MUTTON SEEKH KEBAB PARATHA Flatbread stuffed with minced goat meat, marinated with garam masala & mustard oil	\$16.49
SWEET PARATHAS	
82. MAST PARATHA - DRY FRUIT CREAM CHEESE PARATHA Flatbread filled with chopped dry fruits, cream cheese, cardamom powder & sugar	\$14.49
83. KUCH MEETHA HO JAYE - CHINNI PARATHA Flatbread stuffed with a combination of white & brown sugar	\$14.49
84. DADI MAA KI PASAND - GUR SHAKKAR PARATHA Flatbread filled with grated jaggery, dry fruits & dry coconut shavings	\$13.49
85. GULABI GUBAARA - GULAB JAMUN PARATHA Flatbread stuffed with dumplings made of fried condensed milk, cardamom powder & dried fruits	\$14.49
86. CHAAND KA TUKRA - KALAKAND PARATHA Flatbread stuffed with sweet milk cake, dry fruits cardamom powder & rose water flavor mix	\$15.49
87. DADI KE HAATH SE - CHINNI SHAKKAR CHURI PARATHA Fried, crushed flatbread filled with sugar, ghee, dry fruits & dried coconut	\$14.49
88. BACCHON KI PASAND - NUTELLA PARATHA Flatbread stuffed with Nutella & dried fruits	\$14.49
89. KHATE KHATE LUV HO JAYE - MOTICHOOR LADOO PARATHA Flatbread stuffed with sweet gram flour dumpling, dry fruits & cardamom powder	\$15.49
90. LOST IN PARADISE - KHOYA PARATHA Flatbread stuffed with slow cooked sweet, flavored milk & cardamom powder	\$15.49
91. MEVE KA BHANDAR - KHOYA DRY FRUITS PARATHA Flatbread stuffed with slow cooked mixture of sweet milk & chopped dry fruits	\$16.49
92. JHOOM BARABAR JHOOM - DRY FRUITS SOAKED IN ALCOHOL OVERNIGHT Flatbread stuffed with chopped-mashed dry fruits soaked overnight in alcohol & sugar	\$16.49
SINGAPORE SPECIAL * (Includes One Side, Raita, Pickle & Butter)	
93. DOSTON KA DOST - ACHARI ALOO PARATHA Flatbread stuffed with potato & pickled vegetables	\$14.49
94. WAH KYA BAAT-ALOO GOBHI PYAAZ PARATHA Flatbread stuffed with grated cauliflower, potatoes & onions tossed in ground Indian spices	\$14.49
95. TEEN KI TIGRI - PAATA GOBHI MUTTER GAJAR PARATHA Flatbread stuffed with cabbage, carrots, green peas, dry mango powder & garam masala	\$14.49
96. KHA KE DEKHO - MOOLI PARATHA Flatbread stuffed with grated white radish & seasoned with spices	\$13.49
97. HARA BHARA KEEMA - LAMB KEEMA GREEN PEAS PARATHA Flatbread stuffed minced lamb and green peas cooked with ground Indian spices & cilantro	\$16.49
98. NAWABE KHAS - CHICKEN TIKKA Flatbread stuffed with grilled chicken & green pepper	\$14.49
99. SUNDAY YAHN MONDAY ROZ KHAO ANDE - EGG ON EGG PARATHA Flat Bread stuffed with Egg & grated onion	\$12.49
100. KUKAD KHAYE PALAK - CHICKEN PALAK MIX PARATHA Flat Bread stuffed with grated chicken and palak	\$15.49
101. ROYAL PARATHA - LAMB NUTS SAFFRON SILVER PARATHA Flat Bread stuffed with lamb, Nuts, Saffron Silver Waqar Chef special	\$16.49
DRINKS	
MANGO LASSI SWEET LASSI BUTTERMILK (MASALA CHAAS)	\$3.99
TEA COFFEE	\$1.99

*Items contains egg and may not be suitable for vegetarians. All meat products are certified Halal.

Extra Sides, Pickle, Raita or Homestyle butter are chargeable