

101 | Paratha

3311 Regent Blvd #121, Irving, TX 75063

Make it a TANDOORI Paratha!

Choose Tandoor cooked Paratha for no extra charge

Make it a EGGALICIOUS Paratha!

Add EGG to your Paratha +\$2

VEGETARIAN (Includes One Side, Raita, Pickle & Butter)

1. TWISTED PARATHA - LACCHA PARATHA <small>Layered, flaky flatbread typically made with wheat flour</small>	\$9.99
2. NANI KA NUSKA - AJWAIN PARATHA <small>Flaky flatbread stuffed with carom seeds</small>	\$9.99
3. HARA BHARA - PUDINA PARATHA <small>Layered flatbread stuffed with mint & coriander leaves</small>	\$9.99
4. CRY BABY - PYAZ & MINT PARATHA <small>Flatbread stuffed with onions, mint & Indian spices</small>	\$9.99
5. KUCH TEEKHA KUCH KHATTA - ACHARI PARATHA <small>Flatbread stuffed with spiced-pickled vegetables</small>	\$9.99
6. JUST POTATO - ALOO PARATHA <small>Flatbread stuffed with potatoes, ginger, cumin & green chilies</small>	\$10.99
7. BHARWAN ALOO DAHI POCKET PARATHA <small>Flatbread stuffed with marinated potatoes, yogurt, green chilies, cilantro & dried mango</small>	\$11.99
8. MAST MIX - ALOO MATAR PARATHA <small>Flatbread stuffed with spiced mashed potatoes & green peas</small>	\$11.99
9. MERI TERI KHOOB NIBHEY GI - ALOO METHI PARATHA <small>Flatbread filled with mashed potatoes & fenugreek leaves</small>	\$11.99
10. HUM DONO - ALOO PANEER <small>Flatbread filled with cottage cheese, potatoes, green chilies & cilantro</small>	\$12.99
11. CHATPATA ACHARI ALOO PARATHA <small>Flatbread stuffed with tangy potato & pickled vegetables</small>	\$12.99
12. MOGAMBO KHUSH HUA - ALOO PYAAZ TAMATAR PARATHA <small>A popular combination of potatoes, onions and tomatoes, stuffed flatbread</small>	\$11.99
13. GOLUM GOL - ALOO MUSHROOM SPROUTS PARATHA <small>Flatbread filled with potatoes, gram sprouts & sautéed mushrooms</small>	\$12.99
14. SWAAD KA ASLI RAAZ - ALOO GAJAR MATTAR PYAAZ PARATHA <small>Flatbread stuffed with potatoes, carrots, peas, onions, cumin & cilantro leaves</small>	\$12.99
15. CHENNAI KA DON - MASALA DOSA PARATHA <small>Flatbread stuffed with South Indian flavored masala potatoes, onions, chilies & curry leaves</small>	\$11.99
16. CHAK DE PUNJAB - AMRITSAR ALOO PARATHA <small>Flatbread stuffed with potatoes, dry mango powder, cilantro, garam masala & ground Indian spices</small>	\$11.99
17. ALOO BIKANERI - ALOO BHUJIYA PYAZ PARATHA <small>Flatbread stuffed with chopped potatoes, onions, tomatoes & Indian spices</small>	\$11.99
18. PHOOLAN KI BAHAR - GOBHI PARATHA <small>Flatbread stuffed with grated cauliflower, cilantro, green chili & Indian spices</small>	\$11.99
19. KUCH KHAAS -GOBHI PANEER PARATHA <small>Flatbread stuffed with cauliflower, cottage cheese, cumin & chili powder</small>	\$12.99
20. GOLMAL HAI BHAI SAB GOLMAL - GOBHI MATTAR CORN CHEESE PARATHA <small>Flatbread stuffed with cauliflower, green peas, corn kernels, cream cheese & Indian spices</small>	\$13.99
21. MAUSAM E BHAAR - GOBHI MUSHROOM PANEER PARATHA <small>Flatbread stuffed with mushrooms, cauliflower, grated cottage cheese, cumin & cilantro</small>	\$13.99
22. PATTE PE PATTI - PATTI-GOBHI PARATHA <small>Flatbread stuffed with grated cabbage, cilantro, red chili & dry mango powder</small>	\$11.99
23. HARYALI AUR RASTA - PAATA GOBHI MUTTER PARATHA <small>Flatbread stuffed with cabbage, mashed green peas & ground spices</small>	\$12.99
24. SOONGETE RAH JAAO GE - MOOLI PARATHA <small>Flatbread stuffed with grated white radish & seasoned with spices</small>	\$11.99
25. KHUSHBOO JO SAATH NIBHAYE - MOOLI PANEER PARATHA <small>Flatbread stuffed with grated white radish & cottage cheese</small>	\$12.99
26. JIYA JALE JAAN JALE - HARI MIRCH PYAZ PARATHA <small>Flatbread filled with sautéed green chilies, onion and nigella seeds</small>	\$10.99
27. TU CHEESE BADI HAI MAST MAST - HARI MIRCH CHEESE PARATHA <small>Flatbread stuffed with chopped green chilies, cream cheese & cumin</small>	\$11.99
28. NAI DULHAN - PANEER BHURJI PARATHA <small>Flatbread stuffed with grated cottage cheese, onions, tomatoes, cilantro & ground spices</small>	\$11.99
29. MAKHAN MAR KE - PANEER MAKHANI PARATHA <small>Flatbread stuffed with grated cottage cheese, butter sauce & spices</small>	\$11.99
30. WAH KYA CHEESE HAI - PANEER PYAAZ SHIMLA MIRCH PARATHA <small>Flatbread stuffed with cottage cheese, onions, and bell peppers</small>	\$12.99
31. EK DUM JHAKAS - PANNER TIKKA HARI MIRCH PARATHA <small>Flatbread stuffed with cottage cheese, green chilies, and Indian spices</small>	\$12.99
32. HAWA HAWAII - CREAM CHEESE CORN PINEAPPLE PARATHA <small>Flatbread stuffed with cream cheese, corn, cilantro & pineapple</small>	\$13.99
33. SHAM SAVERA - PANEER PALAK PARATHA <small>Flatbread stuffed with cottage cheese, chopped spinach, cumin powder & Indian spices</small>	\$12.99
34. PUNDIT BIHARI KHAYE - PANEER ACHARI PARATHA <small>Flatbread stuffed with spiced pickled vegetables & cottage cheese</small>	\$12.99
35. DESI GONE TO ITALY - CHILI PANEER PIZZA STYLE PARATHA <small>Flatbread stuffed with cottage cheese, onions, green chilies & soy sauce</small>	\$13.99
36. FORGET ME NOT - PANEER ALOO GOBHI MOOLI PYAAZ PARATHA <small>Flatbread stuffed with cheese, spiced potatoes, cauliflower, radish, chopped onions & spices</small>	\$13.99
37. CHANNA VE MEREYA - CHANA DAL PARATHA <small>Flatbread stuffed with yellow lentils, green chilies & cilantro</small>	\$12.99
38. TRIPLE M - METHI MALAI MATTAR PARTHA <small>Flatbread stuffed with fenugreek leaves, cream & green peas spiced with chilies</small>	\$12.99
39. HALO RE HALO - JALAPENO CHEESE PARATHA <small>Flatbread stuffed with minced jalapeno , sour cream & Indian spices</small>	\$12.99
40. RAWALPINDI KI SAIR - PINDI CHANA PARATHA <small>Flatbread stuffed with white chickpeas & Indian spices with a tangy flavor</small>	\$12.99
41. JAMMU KA NAZRANA - RAJMA PARATHA <small>Flatbread stuffed with kidney beans, onions, mango powder and spices</small>	\$12.99
42. NAKLI KUKKAR SHAKAHARI - SOYA BEAN NUTRI PARATHA <small>Flatbread stuffed with soya nutrela, green chilies, onions & spices</small>	\$13.99
43. LAAL LAAL GAAL - CHUKANDAR PARATHA <small>Flatbread stuffed with grated beetroot, cilantro & green chilies</small>	\$12.99
44. CHAL AKELA CHAL AKELA - LILWA TOOR PARATHA <small>Flatbread stuffed with green gram lentils, onions, cilantro & green chili</small>	\$12.99
45. SALAME BAINGAN - BAINGAN BHARTHA PARATHA <small>Flatbread stuffed with oven-roasted eggplant, cilantro & green chilies</small>	\$12.99
46. KABUL KI SHAAN - KABULI CHANA HARA PYAAZ PARATHA <small>Flatbread stuffed with chickpeas, spring onions, green chili & mango powder</small>	\$12.99
47. MILLI JULI SAAZISH - MIX VEG PARATHA <small>Flatbread stuffed with sautéed & pickled vegetables</small>	\$12.99
48. BEGUM KI PASAND - MYSORE ALOO PARATHA <small>Flatbread stuffed with lentil, potato, curry leaves, red chilies, mustard seed & garlic</small>	\$11.99
49. HEALTH IS WEALTH - BROCCOLI PARATHA <small>Flatbread stuffed with blanched broccoli, onions & green chili</small>	\$11.99
50. HARYALI AUR RASTA - BROCCOLI,CHEESE, PYAZ PARATHA <small>Flatbread stuffed with chopped broccoli, sour cream & onions</small>	\$12.99
51. DIL DAHI DHAI - DAHI KEBAB POCKET PARATHA <small>Flatbread filled with yogurt, onions, cilantro, chili & spices</small>	\$12.99
52. EVERGREEN - METHI HARI MIRCH PARATHA <small>Flatbread stuffed with chopped fenugreek leaves, green chili, mango powder & spices</small>	\$11.99
53. LAHASUNI PARANTHA - PALAK HARA LAHASUN PARATHA <small>Flatbread stuffed with garlic, spinach, green chilies & spices</small>	\$11.99

*Items contains egg and may not be suitable for vegetarians. All meat products are certified Halal. Extra Sides, Pickle, Raita or Homestyle butter are chargeable

Call (972) 636 4103 | Order Online: 101Paratha.com

SIDES Portion Size 8oz

DAAL MAKHANI <small>A mix of lentils, red kidney beans, onion, garlic and cream</small>	\$5.99
AMRITSARI PINDI CHOLE <small>Chickpeas boiled with tea and fused with aromatic spices and fragrant homemade chole masala</small>	\$5.99
PALAK PANEER <small>A popular Indian entrée that combines fresh spinach, cottage cheese, cream and garlic</small>	\$6.99
DHABA CHICKEN <small>Punjabi style chicken curry made with whole spices and a classic base of onions and tomatoes</small>	\$7.99

NON-VEGETARIAN (Includes One Side, Raita, Pickle & Butter)

54. JUST EGG - UBLA ANDA PARATHA <small>Flatbread Stuffed with a boiled egg mixture and Indian spices</small>	\$10.99
55. ANDE KA FUNDA - ANDA OMELET PARATHA <small>Flatbread stuffed with boiled eggs, onions, tomatoes, green chili, and cilantro</small>	\$10.99
56. ANDA BOLEIN OYE OYE - ANDA BHURJI PARATHA <small>Flatbread stuffed with scrambled egg, cumin seeds, onions, tomatoes, green chilies, cilantro & spices</small>	\$10.99
57. ANARKALI PARANTHA - ANDA -TURKEY KEEMA PARATHA <small>Flatbread fried with egg white and stuffed with spiced ground turkey</small>	\$11.99
58. SHAUKEEN PARANTHA - ANDA KUKKAD KEEMA PARATHA <small>Flatbread topped with egg and stuffed with minced chicken, cilantro & spices</small>	\$12.99
59. NAWABI NAKHRA - ANDA BAKRA KEEMA PARATHA <small>Flatbread topped with egg; stuffed with minced lamb and Indian spices</small>	\$14.99
60. JASHNE BAHARAN - ACHARI KUKAD PARATHA <small>Flatbread stuffed with spiced chicken, cilantro & lemon</small>	\$12.99
61. KUKKAD PUNJABI -- MURG KEEMA PARATHA <small>Flatbread stuffed with minced chicken, cooked with ground Indian spices & cilantro</small>	\$12.99
62. CHICKEN SHIKAN AUR MATAR - MURG KEEMA MATTAR PARATHA <small>Flatbread stuffed with minced chicken, and peas cooked with ground Indian spices</small>	\$13.99
63. MAKHANI KUKKAD -MURG MAKHAN MAR KE PARATHA <small>Flatbread stuffed with butter chicken, onion & cilantro. Definitely a favorite</small>	\$12.99
64. GAZAB KA TIKKA - MURGH TIKKA GREEN PEPPER PARATHA <small>Flatbread stuffed with marinated chicken & green bell peppers</small>	\$12.99
65. CREAMY DELIGHT - MALAI MURG PARATHA <small>Flatbread stuffed with spiced marinated chicken & cream</small>	\$12.99
66. KUKKAD - E - HARIYALI - MURG SPINACH CHEESE PARATHA <small>Flatbread stuffed with minced chicken and creamy spinach</small>	\$13.99
67. SAR JO TERA CHAKRAYE - MURG TOSSED WITH HOUSE SHARAB PARATHA <small>Flatbread stuffed with chicken pieces tossed in cooking alcohol & spices</small>	\$14.99
68. MURG WITH MISS METHI - METHI MURG PARATHA <small>Flatbread filled with chicken, fenugreek leaves, onions & chilies</small>	\$12.99
69. MURG KE SAATH KHAAS PYAAZ - MURG DO PYAZA PARATHA <small>Flatbread stuffed with chicken, variety of onions and Indian spices</small>	\$12.99
70. BADAME MURGH - ALMOND CHICKEN PARATHA <small>Flatbread stuffed with chicken, almonds, and spices</small>	\$13.99
71. YEH PARANTHA MUJHE DE DE THAKUR- HARYALI MURG KEBAB PARATHA <small>Flatbread filled with chicken marinated in yogurt, mint & cilantro</small>	\$13.99
72. HANSTE HANSTE LAG GAYE RASTE - CHILI MURG PARATHA <small>Flatbread filled with an Indo-chinese flavored chicken , tossed with soy sauce & chilies</small>	\$12.99
73. MURG IN SHIMLA - SHIMLA MIRCH CHICKEN PARATHA <small>Flatbread stuffed with chicken, bell peppers & spices</small>	\$12.99
74. LAILA MAJNU - MUGHLAI MURG PARATHA <small>Flatbread filled with saffron spiced chicken, cashew, dry fruits & spices</small>	\$13.99
75. MAKAI KI BAHAR - SWEET CORN CHEESE PYAZ MURG PARATHA <small>Flatbread stuffed with chicken, corn kernels, cheese cream, cilantro & spices</small>	\$13.99
76. BHATTI DA MURGH - TANDOORI MURGH PARATHA <small>Flatbread filled with marinated chicken, cooked in a clay oven, yogurt & Indian spices</small>	\$12.99
77. CHANDNI CHOWK TO CHINA - SCHEZUWAN MURGH PARATHA <small>Flatbread stuffed with chicken, red chilis, shallots & garlic cloves</small>	\$13.99
78. TAKA TAK SPECIAL - LAMB KEEMA PARATHA <small>Flatbread stuffed with minced lamb cooked with ground Indian spices & cilantro</small>	\$14.99
79. PREETAM AAN MILO - LAMB KEEMA GREEN PEAS CREAMY CHEESE PARATHA <small>Flatbread stuffed with minced lamb, green peas, cream cheese & cilantro</small>	\$14.99
80. JAL KI RANI - FISH TIKKA PARATHA <small>Flatbread stuffed with fish marinated in yogurt, spices, green chilies, dry mango & cilantro</small>	\$14.99
81. BADE BHAIIYA KI PASAND - MUTTON SEEKH KEBAB PARATHA <small>Flatbread stuffed with minced goat meat, marinated with garam masala & mustard oil</small>	\$14.99
SWEET PARATHAS	
82. MAST PARATHA - DRY FRUIT CREAM CHEESE PARATHA <small>Flatbread filled with chopped dry fruits, cream cheese, cardamom powder & sugar</small>	\$12.99
83. KUCH MEETHA HO JAYE - CHINNI PARATHA <small>Flatbread stuffed with a combination of white & brown sugar</small>	\$12.99
84. DADI MAA KI PASAND - GUR SHAKKAR PARATHA <small>Flatbread filled with grated jaggery, dry fruits & dry coconut shavings</small>	\$11.99
85. GULABI GUBAARA - GULAB JAMUN PARATHA <small>Flatbread stuffed with dumplings made of fried condensed milk, cardamom powder & dried fruits</small>	\$12.99
86. CHAAND KA TUKRA - KALAKAND PARATHA <small>Flatbread stuffed with sweet milk cake, dry fruits, cardamom powder & rose water flavor mix</small>	\$13.99
87. DADI KE HAATH SE - CHINNI SHAKKAR CHURI PARATHA <small>Fried, crushed flatbread filled with sugar, ghee, dry fruits & dried coconut</small>	\$12.99
88. BACCHON KI PASAND - NUTELLA PARATHA <small>Flatbread stuffed with Nutella & dried fruits</small>	\$12.99
89. KHATE KHATE LUV HO JAYE - MOTICHOOR LADOO PARATHA <small>Flatbread stuffed with sweet gram flour dumpling, dry fruits & cardamom powder</small>	\$13.99
90. LOST IN PARADISE - KHOYA PARATHA <small>Flatbread stuffed with slow cooked sweet, flavored milk & cardamom powder</small>	\$13.99
91. MEVE KA BHANDAR - KHOYA DRY FRUITS PARATHA <small>Flatbread stuffed with slow cooked mixture of sweet milk & chopped dry fruits</small>	\$14.99
92. JHOOM BARABAR JHOOM - DRY FRUITS SOAKED IN ALCOHOL OVERNIGHT <small>Flatbread stuffed with chopped-mashed dry fruits soaked overnight in alcohol & sugar</small>	\$14.99
SINGAPORE SPECIAL * (Includes One Side, Raita, Pickle & Butter)	
93. DOSTON KA DOST - ACHARI ALOO PARATHA <small>Flatbread stuffed with potato & pickled vegetables</small>	\$12.99
94. WAH KYA BAAT-ALOO GOBHI PYAAZ PARATHA <small>Flatbread stuffed with grated cauliflower; potatoes & onions tossed in ground Indian spices</small>	\$12.99
95. TEEN KI TIGRI - PAATA GOBHI MUTTER GAJAR PARATHA <small>Flatbread stuffed with cabbage, carrots, green peas, dry mango powder & garam masala</small>	\$12.99
96. KHA KE DEKHO - MOOLI PARATHA <small>Flatbread stuffed with grated white radish & seasoned with spices</small>	\$11.99
97. HARA BHARA KEEMA - LAMB KEEMA GREEN PEAS PARATHA <small>Flatbread stuffed minced lamb and green peas cooked with ground Indian spices & cilantro</small>	\$14.99
98. NAWABE KHAS - CHICKEN TIKKA <small>Flatbread stuffed with grilled chicken & green pepper</small>	\$12.99
99. SUNDAY YAHN MONDAY ROZ KHAO ANDE - EGG ON EGG PARATHA <small>Flat Bread stuffed with Egg & grated onion</small>	\$10.99
100. KUKAD KHAYE PALAK - CHICKEN PALAK MIX PARATHA <small>Flat Bread stuffed with grated chicken and palak</small>	\$13.99
101. ROYAL PARATHA - LAMB NUTS SAFFRON SILVER PARATHA <small>Flat Bread stuffed with lamb, Nuts, Saffron Silver Waqar Chef special</small>	\$16.99
DRINKS	
MANGO LASSI SWEET LASSI	3.99
TEA COFFEE	2.99